Welcome to the opening issue of 2019. This year will bring many new changes for the Journal. A new website is in the works, along with new publishing options for university faculty and students, and community practitioners. We have heard from our readership that there is a publication gap for community practitioners to write about their career programs and results, share their best practices and current trends, as well as other topics. We are excited to announce the creation of a new non-peer reviewed section within the Journal. In addition to our peer-reviewed research, this new section will be devoted to non-peer reviewed work such as book reviews, and practitioner & community best practices. The practitioner and community best practices will allow individuals to submit work that is not university-or ethics-level research. In the back of this issue, are details on the new publication categories and criteria.

Writing an article is a skill unto itself. Associate Editor Diana Boyd has provided publishing guidance and advice over the years to authors and students. This year, she will write articles about frequently asked questions, how to do's, tips for crafting an article, top 10 mistakes by authors, and other topics. These will be available for reading and download on our website and social media accounts. We hope these will assist potential authors in navigating the publication world and make it less intimidating.

Our social media accounts will continue to engage with old and new topics. This year we are starting an 'Ask the Editor' series. For this, all you need to do is tag us in your questions and we will answer them. These questions can be about publishing in general, publishing advice, or specific questions about our Journal. Continuing this year are the Throwback Thursday posts, Quotes of Wisdom, and Upcoming Article Abstracts.

In 2019–2020, we will be undertaking a reader and author survey to gather key information that will assist in the development of a five-year strategic plan for the Journal. Keep an eye out for this on our social media accounts, as well in your email. Your feedback is crucial to the future design of the Canadian Journal of Career Development.

Onto the current issue, within are five articles that range from ADHD and learning disorders, to employment behaviours of individuals, to a new theoretical framework. Each is interesting and eye opening. We recommend you peruse each for information that would be beneficial to yourself and your work.

In closing, we extend our deepest thanks to our readers, authors, reviewers, and supporters. Without you, this Journal could not continue to bring new and insightful research to the field of Career Development.

Founding Editor,
Rob Shea

Associate Editor
Diana Boyd